



BREAKFAST

Small English breakfast (1 of each: egg, bacon, hash brown, sausage, beans, toast, tomato or mushroom)	12.00
Large English breakfast (2 of each: egg, bacon, hash brown, sausage, beans, toast, tomato or mushroom)	15.00
Ham & cheese croissant	5.00
English muffin special (egg, bacon & cheese)	5.50
Two eggs on toast	6.00
Beans on toast	6.00

OMELETTES

served with salad (lettuce, tomato, cucumber)

Cheese	7.00
Ham, cheese & tomato	9.00
Sri Lankan omelette (green chilli, onion & tomato)	9.50

ROLLS, SANDWICHES & BAPS

	ROLLS	SANDWICHES	BAPS
Bacon	4.00	5.00	5.20
Sausage	4.00	5.00	5.20
Egg	3.90	4.20	4.50
Egg & bacon	5.20	5.70	6.20
Egg & sausage	5.20	5.70	6.20
Sausage & bacon	5.40	6.00	6.40

BAP SPECIAL

Egg, sausage & bacon bap	7.50
Big breakfast bap (Egg, bacon, sausage & mushroom)	8.00

SOURDOUGH SPECIAL

Avocado	9.00
Avocado & scrambled eggs	12.00
Avocado, scrambled eggs & grilled cherry tomatoes	13.00
Crushed avocado with chilli & a poached egg	12.00
Smoked salmon & scrambled egg	14.00
Smoked salmon, avocado and scrambled egg	16.00
Bacon sandwich	5.50
Egg sandwich	5.00
Sausage sandwich	5.50
Sausage & bacon sandwich	7.50
Egg & bacon sandwich	7.00
Egg & sausage sandwich	7.00

PASTA

Vegetarian topping	8.50
Meat topping	10.00

Our menu changes daily - please ask staff for more details.

BRUNCH SPECIAL

2 hash browns, scrambled egg, avocado, bacon, grilled cherry tomatoes	15.00
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CRUMPETS

2 toasted crumpets per portion

Plain, with butter	5.00
Jam, Nutella or Marmite	6.50
Crumpets with a Canadian twist: bacon and maple syrup	8.00
Smoked salmon & cream cheese	13.00
Eggs Benedict	12.00
Beans and cheese	11.00
Spicy beans & poached eggs	15.00
Eggs Royale	11.00
Eggs Florentine	11.00
Spinach, smoked salmon, poached egg & hollandaise sauce	16.00
Crushed avocado with chilli & poached egg	12.00
Chorizo, beans, poached egg	12.50
Dipped in egg & cinnamon, grilled & served with fruit & yoghurt	12.50
Crumpets with Nutella, banana, strawberries, blueberries and whipped cream	12.50

SANDWICHES

Sandwich – classic	from 4.50
Sandwich – premium	from 5.30

Made to order - please see counter for fillings.

DAILY SPECIAL

Around the world street food	10.00
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Our menu changes daily, please ask staff for details.

PANINIS

Goats cheese (goats cheese, roasted peppers, caramelised onion)	6.00	Romana (chicken escalope, ham, cheddar cheese, sweet chilli sauce)	7.00
Tricolore (mozzarella, avocado, tomato, basil)	6.00	Toscana (chicken escalope, mozzarella, tomato, basil)	7.00
Genovese (mozzarella, roasted med vegetables, pesto)	6.00	Chorizo (Spanish chorizo, sliced brie, tomato & rocket)	7.00
Aubergine (roasted aubergine, tomato salsa, mozzarella, basil)	6.00	Tuna Melt (tuna with sliced cheddar)	7.00
Ham, cheese and mustard	7.00	Chicken delight (breaded chicken, sweet chilli & mayo, mixed leaves)	7.00
Chicken & avocado (chicken, avocado, mozzarella, rocket and pesto)	7.00	Parmigiano (parma ham, mozzarella, avocado, sun-dried tomato)	7.50
Rocky (garlic chicken, ham, cheddar cheese, mushroom)	7.00	The Godfather (chorizo, parma ham, salami, cheese, roasted peppers rocket & balsamic dressing)	9.00
Rockin Rocket (parma ham, fresh rocket, tomato, mozzarella, pesto)	7.00		
Milanese (salami, mozzarella, sun-dried tomatoes, olives, basil)	7.00		

JACKET POTATOES

Cheese	6.00
Cheese & beans	7.50
Chilli con carne	9.00
Chorizo, cheese & beans	10.00

More fillings are available – please see the counter.

LIGHT LUNCHES

Homemade salads	7.50
Ham & cheese toastie	6.50
Chicken club sandwich	8.00

HOT DRINKS

	REGULAR		DECAFF	
	SMALL	LARGE	SMALL	LARGE
Americano - black	2.70	3.20	2.80	3.30
Americano with milk	2.90	3.50	3.00	3.80
Latte	3.80	4.00	4.00	4.20
Cappuccino	3.80	4.00	4.00	4.20
Flat white	3.80		4.00	
Mocha	4.30	4.80	4.50	5.00
	REGULAR SMALL	DECAFF SMALL	Special coffees from 5.00	
			SMALL	LARGE
Espresso - single	2.20	2.30	4.00	4.30
Espresso - double	3.00	3.20	2.70	3.00
Macchiato - single	2.50	2.60	3.00	3.30
Macchiato - double	3.20	3.60	4.50	5.00
			5.50	6.00

Almond or Oat Milk

50p

Flavoured Syrups

80p

SOFT & CAN DRINKS

Smart Water	2.20
Coca Cola	1.70
San Pellegrino	2.00

SMOOTHIES & VEGETABLE JUICES

Freshly squeezed orange	5.50
Vegetable detox (apple, carrot & ginger)	5.80
Smoothie	5.50

ALLERGEN AWARE Before you order your food and drinks please speak to our staff if you want to know about specific allergens.